

Adult Day Care Center of Las Vegas
901 N. Jones Boulevard
Las Vegas, NV 89108
702.648.3425
Fax: 702.648.1408



Adult Day Care Center of Henderson
1201 Nevada State Drive
Henderson, NV 89002
702.368.2273
Fax: 702.243.2273



HENDERSON MONTHLY NEWSLETTER ***APRIL 2011***

We welcome Spring with open arms here at The Adult Day Care Center of Henderson (ADCCH). April is National Humor, Happiness, and Poetry Month. At our Center we know spring is the time for laughter. Laughter is good medicine for the heart, mind, body and soul. If you have any jokes or poems you would like to share, we would love to hear them. Our Henderson Center responds to the important mission of supporting senior citizens in their efforts to remain independent, with dignity in the community. Our Center will continue to offer the fun activities that our participants enjoy, including: A daily exercise program, Tai Chi, Music Therapy, Organic Gardening, Bingo competitions, Arts & Crafts and live entertainment in the afternoons. Please join us as we embrace the power of laughter and celebrate the month of APRIL.



Smile

HIGHLIGHTS FROM MARCH

Our St. Patty's Day bash was smashing with everything green. We had lots of fun, games and delicious corn beef and cabbage and green sherbet ice cream. Chef Susie prepared all of our wonderful food. To top the day off, we were entertained royally by marvelous Drumming Jeff. Our clients enjoyed the interactive drum playing along with Jeff. A BIG THANK YOU! to our staff and everyone who made the day quite special. March Madness senior sports day was awesome. Our clients played the parachute game, bean bag toss and also sports trivia. Our staff will tally each client's points and declare a winner on the 2nd of April.

NEW ARRIVALS

We are pleased to welcome the new participants who became a part our Center family in April: Evelyn H., Francis A. James S. Joyce L., Lawrence P., Mildred A.,

CLOSURES

There are no closures in the month of April.

GET PLUGGED IN!

There's an amazing state-of-the-arts computer lab here at our Center. It's located in the library Quiet Room, next to the Arts & crafts department. The software satisfies all of your needs with its vast technology.

DID YOU KNOW?

The average adult laughs as little as 3 times a day while children laugh hundreds. This is one of the factors that shows "laughter is the best medicine"—as it improves disposition and reduces stress.





EVENTS IN APRIL

We would like everyone to join us for Tai Chi on Tuesdays and Thursdays at 10:00am and Drumming with Jeff at 1:00pm every Thursday. Caregivers are always invited. We have started collecting our planters and containers for our spring garden. Our seniors will be planting seeds and seedlings soon. Be on the look-out for some surprise events throughout the month. If these are not your regularly scheduled days, we'd still love to see you here. Please don't forget to submit your recipes. See attached flyer for details.

GETTING SCENT-IMENTAL

A new aromatherapy scent, Pomegranate, a scent highly sought after by the ancient Egyptians, will be the aromatic of choice as we continue with our new aromatherapy series.

SEE WHAT'S IN BLOOM!

Our vegetable garden continues to grow and is starting to give us edible delights in our meals at our Center. Our seniors are taking weekly strolls around the garden.



POETRY MONTH

April is poetry month which will be celebrated all month. We will begin the month with a poem by.

Allan K. Chalmers

Titled:

HAPPINESS

The grand essentials of happiness are something to do, something to love, and something to hope for.



HAPPY BIRTHDAY

Our birthday party will be held on the 4th Wednesday of the month, April 27th, 2011. Our April celebrants are Elnora H. (4/5), Nellie R. (4/8), Mildred A. (4/10), Drew P. (4/13), Emma Chavez (4/14), Maree C. (4/18), and Ronald E. (4/23). Entertainment will be provided and birthday treats will be served as well.

SUPPORT GROUP

We have started an evening support group on the 1st Wednesday of every month. Please see attached flyer for more details on caregiver support programs and community forums.



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THANK YOU!

On behalf of our entire family of caring professionals here at The Adult Day Care Center of Henderson, we would like to thank you for being an important and appreciated part of our Center. We are continually striving to make our Center a place of fun and caring for all our participants. Always remember, our doors are always open to you and your family members' needs. Thank you for choosing us.

Dee Dee Woodberry

Activities Director



ACTIVITY CALENDAR

ADULT DAY CARE CENTER OF HENDERSON

APRIL 2011

MONDAY

TUESDAY

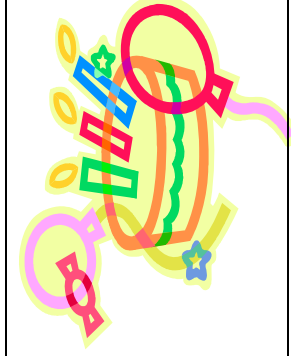
WEDNESDAY

THURSDAY

FRIDAY



HAPPY BIRTHDAY
 4/5 Elnora H.
 4/8 Nellie R.
 4/10 Mildred A.
 4/13 Drew P.
 4/14 Emma C.
 4/18 Maree C.
 4/23 Ronald E.



1)
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts / Spa**
 12:30 Trivia
 1:00 **J&J SINGING TEAM**
 3:00 Bingo

4)
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts**
 12:30 Trivia
 1:00 **DANNY ROSE**
 3:00 Bingo
 SHARE A SMILE

5)
 9:00 Current Events
 9:30 Exercise
 10:00 **TAI CHI / A&C**
 12:30 Sing-A-Long
 1:00 **KARAOKE**
 3:00 Bingo

6)
MUSIC THERAPY
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts**
 12:30 Trivia
 1:00 **MARK MILLER**
 3:00 Bingo

7)
 9:00 Current Events
 9:30 Exercise
 10:00 **TAI CHI / A&C**
 12:30 Word Scramble
 2:00 **DRUMMING JEFF**
 3:00 Bingo

8)
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts / Spa**
 12:30 Trivia
 1:00 **J&J SINGING TEAM**
 3:00 Bingo

11)
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts**
 12:30 Ball Toss
 1:00 **BRIAN O'SHEA**
 3:00 Bingo

12)
 9:00 Current Events
 9:30 Exercise
 10:00 **TAI CHI / A&C**
 12:30 Sing-A-Long
 1:00 **KARAOKE**
 3:00 Bingo

13)
MUSIC THERAPY
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts**
 12:30 Birthday Trivia
 1:00 **JENNY FORD**
 3:00 Bingo

14)
 9:00 Current Events
 9:30 Exercise
 10:00 **TAI CHI / A&C**
 12:30 Word Scramble
 2:00 **DRUMMING JEFF**
 3:00 Bingo
 LAUGHTER DAY

15)
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts / Spa**
 12:30 Trivia
 1:00 **J&J SINGING TEAM**
 3:00 Bingo

18)
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts**
 12:30 Trivia
 1:00 **DANNY ROSE**
 3:00 Bingo

19)
 9:00 Current Events
 9:30 Exercise
 10:00 **TAI CHI / A&C**
 12:30 Sing-A-Long
 1:00 **KARAOKE**
 3:00 Bingo
 MAKE A FRIEND

20)
MUSIC THERAPY
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts**
 12:30 Trivia
 1:00 **MARK MILLER**
 3:00 Bingo

21)
 9:00 Current Events
 9:30 Exercise
 10:00 **TAI CHI / A&C**
 12:30 Word Scramble
 2:00 **DRUMMING JEFF**
 3:00 Bingo

22)
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts / Spa**
 12:30 Trivia
 1:00 **J&J SINGING TEAM**
 3:00 Bingo

25)
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts**
 12:30 Ball Toss
 1:00 **BRIAN O'SHEA**
 3:00 Bingo

26)
 9:00 Current Events
 9:30 Exercise
 10:00 **TAI CHI / A&C**
 12:30 Sing-A-Long
 1:00 **JAPANESE DANCERS**
 3:00 Bingo

27)
MUSIC THERAPY
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts**
 12:30 Trivia
 1:00 **JENNY FORD**
 3:00 Bingo
 BIRTHDAY PARTY

28)
 9:00 Current Events
 9:30 Exercise
 10:00 **TAI CHI / A&C**
 12:30 Word Scramble
 2:00 **DRUMMING JEFF**
 3:00 Bingo
 PLANT A SEED

29)
 9:00 Current Events
 9:30 Exercise
 10:00 **Arts & Crafts / Spa**
 12:30 Trivia
 1:00 **J&J SINGING TEAM**
 3:00 Bingo

**LUNCH MENU
MONDAY**

TUESDAY

WEDNESDAY

THURSDAY

**APRIL 2011
FRIDAY**

				<p>1) Chicken Veggie Noodle Soup Grilled Ham & Cheese Zucchini Strips Pears *SPRING CAKE*</p>
<p>4) Gazpacho Soup Hamburger w/ Cheese, Lettuce & Tomato Potato Fries Orange Slices</p>	<p>5) Cream of Veggie Soup Turkey Wraps w/ Lettuce & Tomatoes 3 Bean Salad Zucchini Fries Apricots</p>	<p>6) Green Salad Chicken Quesadilla Spanish Rice Black Beans Jell-O w/ Fruit *FRUIT SMOOTHIE*</p>	<p>7) Green Salad w/ Tomato Baked Chicken Sweet Potatoes Broccoli Sliced Apples</p>	<p>8) Beef Veggie Soup Chicken Salad Sandwich w/ Lettuce & Tomatoes French Fries Sliced Nectarines</p>
<p>11) Broccoli Soup Tuna Salad on a Bed of Lettuce, Tomatoes & Cucumbers Jell-O w/ Fruit *COOKIE DAY*</p>	<p>12) Cream of Veggie Soup Chicken Filet Sandwich w/ Lettuce & Tomato Potato Fries Lemon Pudding</p>	<p>13) Chicken Noodle Soup Chef Salad w/ boiled eggs, cheese, turkey, ham, and cucumbers Jell-O w/ Fruit</p>	<p>14) Vegetable Soup Taco Salad w/ Meat, cheese, lettuce & tomato Sliced Apples</p>	<p>15) Spinach Salad Baked Orange Chicken Egg Noodles Cauliflower Chilled Peaches *ICE CREAM TREAT*</p>
<p>18) Green Salad Baked Fish Potatoes Creamed Spinach Watermelon</p>	<p>19) Vegetable Soup Chicken, Turkey, Bacon Club w/ Lettuce & Tomato Potato Fries Yogurt w/ Granola</p>	<p>20) Turkey Veggie Soup Cheese Pizza Green Salad Peaches</p>	<p>21) Cucumber Soup Hot Pastrami w/ cheese sandwich on rye Homemade Potato Fries Zucchini Sliced Pears</p>	<p>22) Green Salad Bakes Fish Potato Casserole Broccoli Apple Crumble *GOOD FRIDAY*</p>
<p>25) Turkey Veggie Chowder Fish Filet Sandwich French Fries Cole Slaw Jell-O w/ Fruit *PUDDING POPS*</p>	<p>26) Lentil Soup Homemade Meatloaf Potatoes Green & Yellow Squash Cinnamon Apples</p>	<p>27) Beef Veggie Soup Chicken Strip Wild Rice Zucchini Salad Pears *BIRTHDAY CAKE*</p>	<p>28) Green Salad w/ Cucumber Spaghetti w/ Meat Sauce Garlic Bread Yogurt w/ Granola</p>	<p>29) Veggie Soup Hamburger w/ Lettuce & Tomato Sweet Potato Fries Strawberries</p>

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Recipe of the Month

Submitted by: La Von West (Age: 87)



BBQ Spare Ribs

Ingredients:

Spareribs, pork or beef
BBQ Sauce, any flavor
Salad Dressing, Catalina, Russian (any red)
Cooking Spray, your choice
Crock-pot, number of ribs decides the size of crock

Directions:

Spray crock-pot with cooking spray.
Put spareribs in crock-pot.
Pour BBQ sauce and salad dressing over ribs, just to coat (use equal amounts of both).
Cover and cook 6 to 12 hours on LOW (check ribs occasionally during cooking).
Serve with steak fries (baked) and broccoli slaw.

Super easy and very tasty! This also works great with chicken parts in place of spareribs. It works for young and old!

**Attention: Cooks, Chefs,
Food Enthusiasts!**



Seniors, Caregivers, Family and Friends!

Please Submit Your Recipes!

We will publish one each month with our newsletter!
In addition, we will publish a compilation of recipes with artwork next year!

All types of recipes welcomed – entrées, desserts, family traditions, you name it!

Please drop off your recipe with the front desk person, attention Jennifer or Dee Dee,
at the Adult Day Care Center.

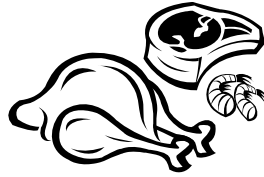
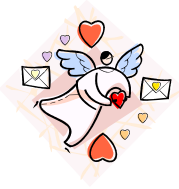
You may also email it to admissions@nevadaseniorservices.org.



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Adult Day Care Center of Henderson
1201 Nevada State Drive, Henderson, NV 89002 Phone: (702) 368-CARE (2273) Fax: (702) 243-CARE (2273)

“ANGEL FOOD” Their prices are heavenly!!!



There are no restrictions, conditions or forms to fill out to purchase Angel Food. This organization purchases quality food in large quantities for substantial volume discounts. The food relief program is open to one and all. Anyone may purchase an unlimited number of boxes of Angel Food by placing an order with a local Angel Food host site. **ORDER ONLINE www.angelfoodministries.com**

Comparison shopping nationwide in various grocery stores has revealed that the average retail value of a \$31 Angel Food Box for the same food items would be approximately \$65. Generally, one box of Angel Food assists in feeding a family of four for about one week or a single senior citizen for almost a month. To better help families in need, Angel Food Ministries participates in the food stamp program.

Food is available for pickup usually the last Saturday of the month. Orders must be purchased in advance around the 15th of the month. Credit cards may be used online; cash and food stamps may be used at one of the local locations. Call or go online for current information and menus (available in Spanish and English).

Angel Food Ministries Las Vegas Locations:

Echoes of Faith Church	1401 E. Washington, 89101	642-0011
Home Word Bound	3900 Cambridge St. 89119	985-6045 or 604.5690
The Verve Foundation	7850 Dean Martin Dr.# 503	425-3951
Warm Springs Baptist Church	2075 E. Warm Springs	361-7070
Angel Food Ministries	Toll Free Number	877-366-3646



APRIL 2011 MENU

Order now for Easter Holiday Boxes.
Please see our website for limited online-only specials.

B2 - Bit O' Blessing Box

Quantities are Limited. Orders filled on a first come, first serve basis.

- 2 lb. Breaded Chicken Chunks
- 27 oz. Salisbury Steak & Gravy
- 24 oz. Birdseye Steamfresh Meal
- 1 lb. Smoked Sausage
- 20 oz. Steak Fajita Strips
- 1 lb. Multi Dry Bean Soup Mix
- 18 oz. Quick Oatmeal
- 8 oz. Brownie Mix

\$21.00*

B4 - Fast & Flavorful Cuisine

Convenience meals great for seniors and people on the go!

- Sweet and Sour Chicken
- Chicken Teriyaki
- Fettuccini Alfredo
- Roasted Chicken
- Fish Fillet
- Country Steaks with Gravy and Onions
- Chicken with Noodles
- Chicken Cacciatore
- Pork Patty
- Country Herb Chicken Patty

\$28.00*

specific meal details can be found at www.angelfoodministries.com

B6 - Just 4 Me After School Box

An assortment of child-friendly snacks. Great for after school or any time.

- 2 lb. Breaded Chicken Fingers
- 1.5 lb. Breaded Chicken Wings
- 1.5 lb. Corn Dogs (3 x 8 oz. bags)
- 14 oz. Stuffed Breadsticks/Pizza Bites
- 4 ea. 2.8 oz. Peanut Butter and Jelly Jamwich
- 1 ea. 3 oz. Grilled Cheese Sandwich
- 2 ea. 4 oz. Pocket Sandwiches
- 2 ea. 3.7 oz. Beef Charbroil Sandwich w Cheese (Twin Packs)
- 2 ea. 2.2 oz. PBJ on Graham Wafers
- 1 ea. 3.4 oz. Watermelon Italian Ice
- 1 ea. 3.2 oz. Raspberry Fruit Juice Sherbet

\$24.00*

B8 - Just 4 Me After School Fruit and Veggie Box

- 3 ea. Red Apples
- 3 ea. Green Apples
- 3 ea. Pears
- 3 ea. Navel Oranges
- 1 ea. Stalk, Sleeved Celery
- 1 lb. Mini Peeled Carrots
- 1 ea. 6-pk. Raisins
- 8 oz. Trail Mix
- 1 ea. 6-pk. Applesauce

\$16.00*

B1 - Bread of Life Signature Box

Balanced nutrition and variety with enough food to help feed a family of four for about a week.

- 2 lb. Beef Steak Burgers
- 2 lb. (avg.) All Natural Boneless/Skinless Chicken Breast (Tray Pack)
- 2 lb. Fully Cooked Meatloaf with Red Sauce
- 2 lb. Sloppy Joe Mix (seasoned beef & sauce)
- 1.5 lb. Breaded Large Chicken Breast Chunks
- 1.5 lb. Smoked Sausage
- 1 lb. 100% Ground Turkey
- 1 lb. 3-way Veggie Blend
- 1 lb. Fresh/Frozen Butter Peas
- 1 lb. Large Sliced Carrots
- 2 lb. Waffle Fries
- 1 lb. Spinach
- 28 oz. Baked Beans
- 12 oz. Egg Noodles
- 8 oz. Corn Muffin Mix
- 32 oz. Shelf-Stable 2% Milk
- 1 doz. Eggs
- Dessert

\$31.00*

GLUTEN FREE!†

B5 - Allergen Free Food Box

- 1 lb. Breaded Chicken Breast Nuggets
- 1 lb. Breaded Chicken Tenderloins
- 1 lb. Breaded Breast Fillet Patties
- 1 lb. Breaded Boneless Chicken Wings
- 1 lb. Breaded Cubed Steak

\$25.00*

†Please see our website for other allergen facts.

B7 - Just 4 Me No Child Goes Without

"Blessing America's Children, one Box at a Time"

- 10 ct. Instant Oatmeal (2 x 5 ct. Boxes)
- 7.5 oz. Beans & Wieners
- 7.5 oz. Cheezy Mac 'n Cheese
- 7.5 oz. Mini Beef Ravioli
- 7.5 oz. Spaghetti and Mini Meatballs
- 7.5 oz. Noodle Rings & Chicken
- 7.5 oz. Cheezy Mac 'n Franks
- 7 ea. Cereal Bowls (.75 oz. ea.)
- 1 ea. Peanut Butter (12 oz.)
- 1 ea. Grape Jelly (20 oz.)
- 2 ea. Chunk Lite Tuna in Water (.5 oz.)
- 6 pk. Apple Sauce
- 5 ea. Granola Bars (.25 oz. ea.)
- 32 oz. Shelf-Stable 2% Milk

\$24.00*

NEW! B9 - Pastor Joe's Premium Box

- 2 lbs. Angus Fillet of Sirloin (4 x 8 oz.)
- 5 lbs. Pork Bar-B-Q
- 17 oz. Crab Cakes (5 ct.)
- 20 oz. Twice Baked Potatoes (2 x 2 ct. Pkgs.)
- 1 lb. Broccoli Florets
- 1 lb. Cauliflower Florets
- 4 ea. Corn-on-the-Cob
- 1 lb. Brussels Sprouts
- 1 lb. Sugar Snap Peas

\$51.00*

*all prices are plus sales tax where applicable

B3 - Bountiful Blessing Box

- 2 lb. Beef Steak Burgers
- 2 lb. (avg) All Natural Boneless/Skinless Chicken Breast (Tray Pack)
- 2 lb. Fully Cooked Meatloaf with Red Sauce
- 2 lb. Sloppy Joe Mix (seasoned beef & sauce)
- 2.5 lbs IQF Unbreaded Chicken Wings
- 1.5 lb. Whiting Fillets (6 x 4 oz.)
- 1.5 lb. Breaded Large Chicken Breast Chunks
- 1.5 lb. Smoked Sausage
- 1 lb. Fully Cooked Meatballs
- 1 lb. 100% Ground Turkey
- 1 lb. 3-way Veggie Blend
- 1 lb. Fresh/Frozen Butter Peas
- 1 lb. Mini Broccoli Florets
- 1 lb. Large Sliced Carrots
- 2 lb. Waffle Fries
- 1 lb. Spinach
- 28 oz. Baked Beans
- 12 oz. Egg Noodles
- 8 oz. Jambalaya Rice Mix
- 8 oz. Corn Muffin Mix
- 32 oz. Shelf-Stable 2% Milk
- 8 oz. Buttermilk Pancake Mix
- 1 doz. Eggs
- Dessert

\$41.00*

S1 - APRIL SPECIAL #1 **\$25.00***

- #### 6 lb. Combo Special
- 2 lbs. Choice Ranch Steaks (4 x 8 oz.)
 - 2 lbs. Bone-In Pork Chops (8 x 4 oz.)
 - 2 lbs. Boneless/Skinless Chicken Breasts (8 x 4 oz.)

S2 - APRIL SPECIAL #2 **\$25.00***

- #### 4 lb. Steak Special
- 4 lbs. Choice Sirloin Strip Steaks (8 x 8 oz.)

S3 - APRIL SPECIAL #3 **\$23.00***

Premium Fresh Fruit and Veggie Box

- 1 ea. Golden Ripe Pineapple
- 4 ea. California Lemons
- 1 ea. Cantaloupe
- 4 ea. Navel Oranges
- 1 lb. Red Seedless Grapes
- 1 ea. Mango
- 3 lbs. Red Potatoes
- 1 lb. Cello Carrots
- 1 ea. Head, Cabbage
- 20 oz. Green Beans
- 5.5 oz. Bag, Green Onions
- 1 ea. Sleeved, Stalk Celery
- AFM Fruit and Veggie Recipe Sheet

S5 - APRIL SPECIAL #5 **\$36.00***

Easter Holiday Box

- 7.5 lb. (avg.) All Natural Perdue Roasting Hen
- 3 lb. Boneless Netted Pork Roast
- 72 oz. (8 ct.) Premium Twice Baked Potatoes (Idaho Russet Potatoes with Applewood Smoked Bacon, Cheddar Cheese, Sour Cream, Butter & Chives)
- 2 lb. Green Beans
- 12 ct. Mini Corn Cobbettes
- 12 oz. Cornbread Stuffing Mix (2 x 6 oz. pkg.)
- 1.7 oz. Brown Gravy Mix (2 x .87 oz. = 2 c. gravy)
- 12 ct. Whole Wheat Dinner Rolls
- 2 lb. 5 oz. Mrs. Smith's Apple Raisin Spice Pie Recipe and Cooking Instructions

Orders Due/Distribution Day: Contact Your Local Host Site
*Please contact your local host site for information or visit our website to locate a host site near you
www.angelfoodministries.com

Angel Food Ministries Reserves the Right to Substitute Any Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT). Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

April Notes from ADCC Henderson Staff



Activities Are In Full Swing:

Spring is here. With the season comes an opportunity for us to spend more time outside. We have had a planter and plants donated and it looks beautiful on the patio. We also plan on doing additional planting using things that can be recycled and allow us to go “green”. In the lobby we have placed a list of items that allow us to “go green” with upcoming craft projects. Thanks to each of you who have already donated items from the list.

For those of you keeping track, the bingo cards and shuffleboard set has been ordered, delivered and are in use. Each item means additional fun for all of us.

Genna



Advice from the Senior Care Aides

We want to take a chance to say “hello” to all of our new friends. As more people join us here at the center, know that we will do our best to meet your needs.

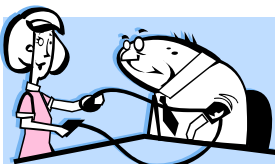
Thank you for your patience as we try to do everything we can to assist each of you.

Carla, Danielle, Kera, Sean

Comments from the Cooks:

Spring offers the opportunity for each of us to try dishes made with fresh fruits and vegetables. In addition, the use of fresh herbs allows for the seasoning of food with less salt, which is good for all of us! Take this time to try a fruit, vegetable or spice that is new to you.

Pat, Rolf and Susie



Notes from Nursing:

Care giving can be stressful. Use this spring weather to break out of the isolation cold weather brings. Take this time to enjoy the outside, meet a friend for lunch, exercise. Do anything that makes you feel good!

Ito and LaPrele

Remarks from the Receptionist:

Spring is such a joyous time of the year. As my health continues to improve I have learned to take nothing for granted. Take this time to spend quality time with your loved ones and enjoy the small gifts of the season.

Jenny



Sentences from the Social Worker:

It is the season for growth. We are experiencing growth here at the center, having welcomed 6 new participants this month. It is through the efforts of each of you that this population explosion continues. Thanks to each of you for letting other families know about ADCC. You are the center’s most valuable marketing tool. Thank you for sharing your lives with us.

Kay & All ADCC Staff





information@adultdaycarelv.org

Dedicated to Community Living with Independence
and Dignity

Adult Day Care *Center of Las Vegas*
Lied/Sinai Senior Care Campus

FREE SUPPORT GROUPS



For those caring for someone suffering from
Alzheimer's disease or other Dementia

Monthly - 1st Wednesday (5:30-6:30pm)
2nd Wednesday (10:00-11:00am)

Hosted by:

Adult Day Care Center of Las Vegas
901 N. Jones Blvd., Las Vegas, NV 89108

Group Leader:

Diane Hart, LCSW

SUPPORT - LEARN - GROW

Call 648-3425 to RSVP

*FREE Supervision for your loved-one while you attend the Support Group

www.adultdaycarelv.org

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SUPER SATURDAYS!



JUST A REMINDER:

**THE ADULT DAYCARE CENTER OF LAS VEGAS
WILL BE OPEN ON ALL SATURDAYS IN THE
MONTH OF APRIL: HOURS WILL BE 8:00AM – 6:00PM.
YOU WON'T WANT TO MISS OUT! SO PLEASE
RESERVE YOUR SPOT TODAY WITH JENNIFER,
DEE DEE OR MARISELA!!**

**~Thank You,
Staff at Adult Day Care Center of LV**